

## Metabole Anti-Viral Immune defense kit

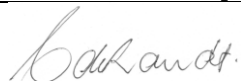
Dosage below for adults. *Half for children and ¼ for toddlers / infants*

Product	Adult dosage (daily)	Ingredient	Quantity
1. Metabole Colloidal Silver 200ml (R70)	5ml (1 teaspoon) Drink neat <i>Before supper</i>	Nano Silver H2O2	2 ppm
2. Metabole Lugols Iodine 50ml (R80)	6 drops mix with 250ml water <i>Before breakfast</i>	Iodine Potassium Iodide	2.5gm / 100ml 5gm / 100ml
3. Metabole L-Lysine 90caps (R145)	3 capsules <i>1cap – 3 times per day</i>	L Lysine + Phyto Blend	50 mcg
4. Metabole Berry C 150g (R182) or 300g (R325)	5ml (1 teaspoon) mix with 250ml water <i>After breakfast and/or after supper</i>	Vit C + Phyto Blend	2000mg
5. Metabole GlyphoFix 90caps (R349)	3 capsules <i>1cap – 3 times per day</i>	To counteract the spike protein challenges, nanoparticle pollution, pervasive environmental radiation and lectin & glyphosate contamination in the food chain	Multi Complex with NAC, Milk Thistle, Dandelion Root, Zinc and co-factors + Phyto Blend.(support optimal liver function)
6. Metabole Zinc/Copper AAC 90caps (R209)	1 capsule <i>1cap – 2 times per day</i>	Zinc / Copper + Phyto Blend	25mg / 1mg Zinc / Copper
7. Metabole AntiOxidant Complex 240g (R225)	5ml (1 teaspoon) mix with 250ml water (can be mixed with Berry C)	To counteract the spike protein challenges and DNA damage.	Potent AntiOxidant + Phyto Blend Complex with precursors of Gluthation

Increase dosages if you have acute symptoms – *Half for children and ¼ for toddlers/infants*

1. Colloidal Silver – 25ml 3 x per day – drink neat – gargle and swallow. (see page 55)
2. Lugols Iodine – 6 drops in 250ml water 4 x per day (daily total intake 24 drops) – gargle and swallow. (see page 55)
3. L-Lysine – 3 capsules – 3 times per day
4. Berry C in 250 ml water – gargle and swallow – Optidose: Increase dosage every hour by 1000mg until diarrhea occurs. Stop intake for that day and resume the next day. Repeat the same procedure each day until saturation level is reached. (saturation level – 1 tsp less than diarrhea level dosage)
5. GlyphoFix – 3 capsules – 3 times per day
6. Zinc Copper AAC – 1-2 capsules – 2 times per day (Increase if experiencing loss of taste or smell)
7. Antioxidant formulation – 2 tsp per day

STOP ALL DAIRY (milk, yoghurt, cheese), SUGAR, CAFFEINE, BREAD, PASTA, And ALL CHEMICAL ADDITIVES etc.  
GO RAW – FRUIT, BERRIES, MELONS, AVOCADO's, FRESH RAW JUICES, SMOOTHIES. See page 19 & 20  
NEBULIZE or fine spray with Metabole Hydrogen Peroxide 3% - 5 ml 3x per day; add 3 drops per ear – (see page 55)



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